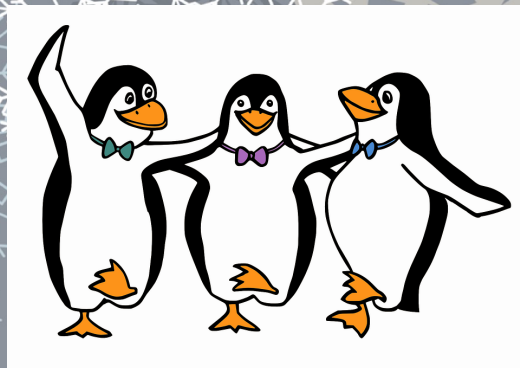




*This institution is an equal opportunity provider and employer*



**Wednesday, January 3**

**Lunch**  
 -Cheese Quesadilla  
 -Mini Corn Dogs  
 -Deli Sandwich  
 Candied Sweet Potatoes  
 Chilled Pears  
 Cold Milk

(No Salads Today)

**Thursday, January 4**

**Lunch**  
 -Popcorn Chicken,  
 Pretzel Bites & Cheddar  
 Cheese Sauce  
 -Hamburger on Bun  
 -Deli Sandwich  
 Green Beans  
 Sweet Craisins  
 Cold Milk  
 (No Salads Today)

**Friday, January 5**

**Lunch**  
 -Soft Beef Tacos  
 -Fish Sticks  
 and Cornbread Muffin  
 -Deli Sandwich  
 Fiesta Beans  
 Fresh Apple  
 Cold Milk  
 (No Salads Today)

**Monday, January 8**

**Lunch**  
 -Sausage Pizza  
 -Corn Dog  
 -Popcorn Chicken Salad  
 & Bosco Stick  
 -Deli Sandwich  
 Seasoned Carrots  
 Mixed Fruit  
 Cold Milk

**Tuesday, January 9**

**Lunch**  
 -French Toast Sticks &  
 Sausage  
 -Toasted Cheese Sandwich  
 -Caesar Salad & Bosco Stick  
 -Deli Sandwich  
 Green Beans  
 Chilled Applesauce  
 Gogurt Yogurt  
 Cold Milk

**Wednesday, January 10**

**Lunch**  
 -Chicken Nuggets & Macaroni  
 -BBQ Ribette Sandwich  
 -Chef Salad & Bosco Stick  
 -Deli Sandwich  
 Steamed Broccoli  
 Frozen Juice Cup  
 Cold Milk

**Thursday, January 11**

**Lunch**  
 -Cheeseburger  
 -Turkey & Cheese Wrap  
 -Caesar Salad & Bosco Stick  
 -Deli Sandwich  
 Tator Tots  
 Chilled Peaches  
 Cold Milk

**Friday, January 12**

**Lunch**  
 -Cheesy Chicken Nachos  
 -Sloppy Joe Sandwich  
 -Chef Salad & Bosco Stick  
 -Deli Sandwich  
 Cheesy Refried Beans  
 Orange Smiles  
 Cold Milk

# BLESSED SACRAMENT SCHOOL

## GREAT STARTS.

A fast start is so important. And what better way to start the New Year than by starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**