

April 2024



Blessed Sacramento School

This institution is an equal opportunity provider. Menus are subject to change.

NUTRITION TO GO

Asparagus lovers debate whether thin or thick spears are better. The answer? It's really just a matter of personal preference. Thinner spears aren't younger or fresher - they just grow farther out from the central plant. Whether you like thick or thin, avoid shriveled stalks or mushy heads.

A QUICK BITE FOR PARENTS

Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
<p><i>Lunch</i></p> <ul style="list-style-type: none"> -French Toast Sticks & Sausage -Toasted Cheese Sandwich -Italian Salad & Bosco Stick -Deli Sandwich Green Beans Chilled Applesauce Gogurt Yogurt Cold Milk 	<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Chicken Nuggets & Macaroni -BBQ Ribette Sandwich -Chef Salad & Bosco Stick -Deli Sandwich Steamed Broccoli Frozen Juice Cup Cold Milk 	<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Bacon Cheeseburger -Breaded Chicken Sandwich -Italian Salad & Bosco Stick -Deli Sandwich French Fries Chilled Pears Cold Milk 	<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Straw Hat -Fish Sticks & Cornbread Muffin -Chef Salad & Bosco Stick -Deli Sandwich Ranchero Beans Fresh Apple Cold Milk
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11
<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Cheese Pizza -Mini Corn Dogs -Popcorn Chicken Salad & Bosco Stick -Deli Sandwich Baby Carrots Craisins Cold Milk 	<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Popcorn Chicken & Roll -Sloppy Joe on Bun -Italian Salad & Bosco Stick -Deli Sandwich Mashed Potatoes & Gravy Fresh Pear Cold Milk 	<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Cheeseburger -Turkey & Cheese Wrap -Chef Salad & Bosco Stick -Deli Sandwich Green Beans Chilled Applesauce Cold Milk 	<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Toasted Ravioli & Bosco Stick -Hot & Spicy Chicken Sandwich -Italian Salad & Bosco Stick -Deli Sandwich Fresh Salad Chilled Peaches Cold Milk
Friday, April 12			
<p><i>Lunch</i></p> <ul style="list-style-type: none"> -Soft Chicken Tacos -Hamburger on Bun -Chef Salad & Bosco Stick -Deli Sandwich Cheesy Refried Beans Orange Smiles Cold Milk 			