

# ST. PATRICK'S DAY



**MARCH 17**

**Follow a Rainbow to a Pot o' Gold!**

**Monday, March 16**

Lunch  
 -Queso Chicken Nachos  
 -Sub Sandwich  
 -Popcorn Chicken salad & Bosco Stick  
 -Deli Sandwich  
 Seasoned Green Beans  
 Chilled Peaches  
 Cold Milk

**Monday, March 17**

Lunch  
 -Straw Hat  
 -Breaded Chicken Sandwich  
 -Italian Salad & Bosco Stick\*  
 -Deli Sandwich  
 Cheesy Refried Beans  
 Strawberry Cup  
 Cold Milk

**Wednesday, March 18**

Lunch  
 -Chicken Nuggets & Roll  
 -BBQ Ribette Sandwich\*  
 -Chef Salad & Bosco Stick  
 -Deli Sandwich  
 Mashed Potatoes & Gravy  
 Craisins  
 Cold Milk

**Thursday, March 19**

Lunch  
 -Cheeseburger  
 -BBQ Grilled Chicken Sandwich  
 -Italian Salad & Bosco Stick\*  
 -Deli Sandwich  
 Fresh Broccoli  
 Frozen Juice Cup  
 Cold Milk

**Friday, March 20**

Lunch  
 -Cheese Ravioli, Sauce & Bread Stick  
 -Cheesy Fish Sandwich  
 -Chef Salad & Bosco Stick  
 -Deli Sandwich  
 Baby Carrots  
 Fresh Apple  
 Spring Cookie  
 Cold Milk

## SQUEEZED FOR TIME?

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

**Monday, March 23**

Lunch  
 -Sausage, Egg & Cheese Croissant\*  
 -Sloppy Joe Sandwich  
 -Popcorn Chicken Salad & Bosco Stick  
 -Deli Sandwich  
 Green Beans  
 Chilled Pears  
 Cold Milk

**Tuesday, March 24**

Lunch  
 -Orange Chicken & Fried Rice  
 -Hamburger on Bun  
 Italian Salad & Bosco Stick\*  
 -Deli Sandwich  
 Steamed Broccoli  
 Chilled Pineapple  
 Fortune Cookie  
 Cold Milk

**Wednesday, March 25**

Lunch  
 -Pretzel Sticks, Popcorn Chicken & Queso  
 -Hot Ham & Cheese Sandwich  
 -Chef Salad & Bosco Stick  
 -Deli Sandwich  
 Seasoned Carrots  
 Blue Raspberry Applesauce  
 Cold Milk

**Thursday, March 26**

Lunch  
 -Soft Beef Tacos  
 -Mini Corn Dogs  
 -Italian Salad & Bosco Stick\*  
 -Deli Sandwich  
 Ranchero Beans  
 Chilled Peaches  
 Cold Milk

**Friday, March 27**

Lunch  
 -Fish Sticks with Macaroni & Cheese  
 -Cheese Quesadilla  
 -Chef Salad & Bosco Stick  
 -Deli Sandwich  
 Sweet Corn  
 Orange Smiles  
 Cold Milk

## NUTRITION TO GO

Stew is any combination of food cooked slowly in simmering liquid. Stew was one of the first forms of cooked food – stew recipes are found in the oldest existing "cookbook." Stew smells amazing when it's slow-cooking, and eating a bowl of hot stew can really warm you up on a raw and blustery late winter or early spring day, too!

**A QUICK BITE FOR PARENTS**

**Monday, March 30**

Lunch  
 -Pepperoni Pizza\*  
 -Hot & Spicy Chicken Sandwich  
 -Popcorn Chicken Salad & Bosco Stick  
 -Deli Sandwich  
 Green Beans  
 Chilled Applesauce  
 Cold Milk

**Tuesday, March 31**

Lunch  
 -French Toast Sticks & Sausage\*  
 -Turkey & Cheese Croissant  
 -Italian Salad & Bosco Stick\*  
 -Deli Sandwich  
 Seasoned Carrots  
 Chilled Pears  
 Gogurt Yogurt  
 Cold Milk

**Wednesday, April 1**

No Lunch  
 Early Dismissal

## Easter Break

